

PROTRAINING

COMPANY PROFILE

THE PRO TEAM



ABOUT US

WELCOME!



PATRICIA O'SULLIVAN
MANAGING PARTNER

At **PRO**TRAINING, our mission is to transform training into immersive and engaging experiences that inspire learners to apply their newfound knowledge and skills in the workplace. By harnessing the power of experiential learning through games, simulations, and dynamic training solutions, we empower people to enhance their own performance and drive your results.

We understand that each organisation faces its own unique challenges, accordingly we are passionate about customising solutions that align with your needs.

With a proven track record across diverse industries, including oil & gas, healthcare, financial services, FMCG, manufacturing and hospitality, we take the time to understand your objectives and curate the content. Our process for selecting and developing facilitators is equally rigorous, to ensure that development pathways are not only relevant, but also resonate with the participants.

Join us on a journey of discovery and growth. Together, we can transform the way you approach learning and development and unlock the full potential of your workforce.

OUR VALUES

Our core values reflect how our people work, support the company vision, shape our culture and reflect what our people value. In essence it is our identity, our principles and beliefs.



INTEGRITY

We are honest in our dealings and guided by principles and ethics. We strive to be fair and honest with all our stakeholders (team, clients, or suppliers), creating high levels of trust.



PROFESSIONAL

We are excellent at what we do and how we conduct ourselves. We meet deadlines, look professional, adhere to high standards and continuously build our competence.



TEAMWORK

We believe in openly sharing time, resources, knowledge and ideas. We are helpful and considerate towards others. We share our challenges and support others with their challenges, fostering a culture of collaboration and support.



CLIENT-CENTRIC

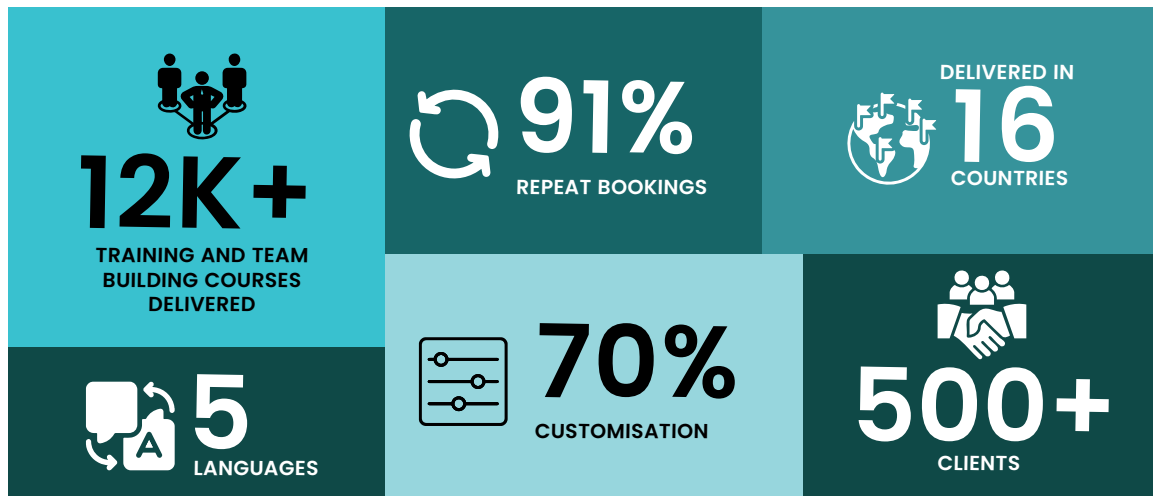
We prioritise our clients' needs and expectations. We create a positive customer experience before, during and after training. We deliver on our promises, ensuring it is easy and effective for our clients and colleagues to work with us.



INNOVATIVE & PROGRESSIVE

We continuously ensure our ideas are current. We strive to stay ahead by introducing new ideas and solutions. We think of and suggest new ideas to solve problems and create more efficiency, leading to continuous improvement and exciting solutions.

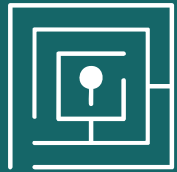
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OUR SOLUTIONS

OUR SOLUTIONS



DISCOVERY
BASED LEARNING



BUSINESS
SIMULATIONS



PROFESSIONAL
DEVELOPMENT



TEAM
BUILDING

DISCOVERY BASED LEARNING





DISCOVERY BASED LEARNING

One of **PRO**TRAINING's unique service provisions is the design and development of Discovery Based Learning Solutions, where the emphasis is on creating a mindset shift in behaviours for all employees, from individual contributors to senior executives.

Originally introduced by Jerome Bruner, it is recognised that Discovery Based Learning promotes the following benefits:

- Increases engagement and motivation
- Promotes autonomy and independence
- Enhances critical thinking and problem-solving skills
- Leads to a profound understanding of the subject matter
- Provides a tailored learning experience

We have created high impact Customer Experience (CX), Performance Management and Leadership Development Journeys, where we blend a mix of custom-designed content, experiential and discovery-based learning activities, role-play scenarios and workplace assignments. The use of mobile devices, business simulations, Discovery Maps & board games are pre-eminent in bringing the learning to life.

Of course, this is always underpinned by industry leading best practice, research and theory to truly create a Learning Experience 'like no other!'

When creating a Discovery-Based Learning Solution, we take a collaborative development approach. We work with key stakeholders in the client organisation to ensure the overall solution is aligned with the business's needs and standards and reflects the day-to-day working practices expected across the organisation.



CUSTOM DISCOVERY BASED LEARNING

Participants' Experience

Small teams work around a large visual map and complete self navigated learning with the support of a table coach.

We set discovery learning challenges and activities on iPads and/or question cards, incorporating digital tasks and supporting resources, to create a competitive environment.

We work closely with our client stakeholders in advance to ensure the content is highly relevant and customised.

The learning solution is tailored as per your objectives such as cultural transformation, mission/ values/ competencies, customer experience strategy and many more.



BUSINESS SIMULATIONS



BUSINESS SIMULATIONS

- Business simulations are interactive, hands-on learning tools that reflect real-world challenges, allowing participants to develop and refine critical skills in a risk-free environment
- Practice the real work challenges via simulation
- Practice the skill sets to bring immediate transfer of knowledge to the workplace
- Bring real world practice to your organisation, sharpen business strategy, and build business acumen



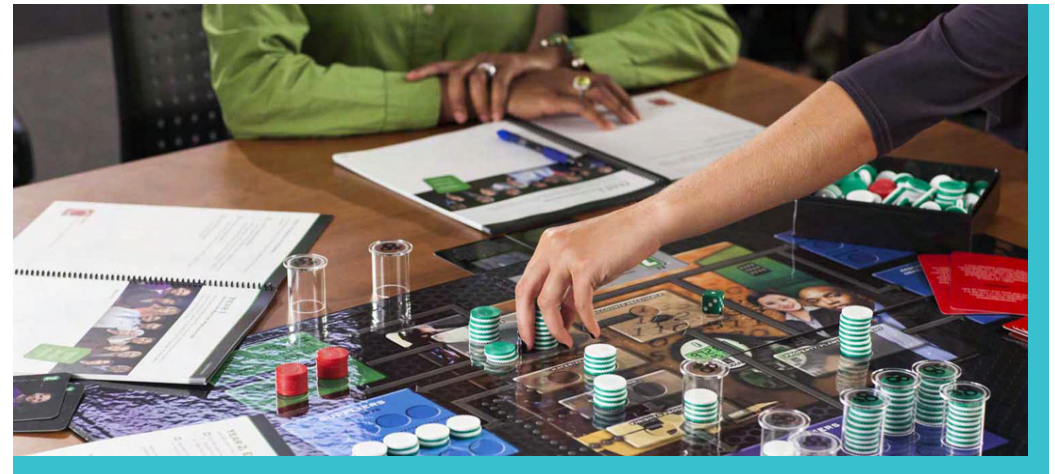
"On behalf of the Mashreq team, would like to place on record our sincere appreciation for a highly enriching & gratifying training programme. Giving up an off-day was certainly worth it & the lessons learnt are already being put to good use."

Badar M. Chaudhry
Vice President – Senior Relationship Manager
Large Corporates Corporate & Investment
Mashreq



BUSINESS SIMULATIONS

- Leadership Development
- Change Management
- Finance for Non-Finance
- Business Acumen
- Project Management
- Customer Centricity
- Agile



"I attended the Zodiac® – Business Finance and Strategy Simulation (Finance for non- finance managers) session. The course was presented to a very high standard and as non-finance manager provided me with a much greater understanding of the subject. I would recommend it for all managers who do not have a finance background."

Captain Warren Coles
Chief of Training A380 Flight Ops Training
Emirates

PROFESSIONAL DEVELOPMENT



PROFESSIONAL DEVELOPMENT

Unleash Potential at Every Level in Your Organisation

At **PRO**TRAINING, we believe that professional development is not confined to titles—it's a mindset and habit that can be cultivated at all levels. Our development programmes are designed to unlock potential, accelerate growth, and drive impactful results for both individuals and organisations.

Whether you're looking to enhance your organisation's leadership skills, drive performance, or navigate change, our Professional Development programmes can support you through your learning journey.



"We're proud to share that our Managerial Team had the incredible opportunity to attend the 'Inspire Like TED' workshop, led by **PRO**TRAINING and facilitated by the brilliant Eric Koeman.

This hands-on session delved into the art of storytelling, public speaking, and creating presentations that captivate and inspire, taking cues from the iconic TED Talks. It provided our team with practical techniques to structure ideas, connect authentically with audiences, and deliver messages with confidence and clarity.

We're grateful to Eric Koeman and **PRO**TRAINING for an impactful and engaging experience that equips our team to lead and communicate with purpose!"

Virgin Megastore MENA

PROFESSIONAL DEVELOPMENT

Change is inevitable. Our programmes empower your organisation to adapt and thrive through agile strategies and innovation.



Local talent, global impact we are dedicated to supporting local talent, ensuring they are prepared to take on leadership roles and contribute meaningfully to national progress.

Our strategies align your business goals with your team's strengths, delivering improvements that boost both efficiency and results.

TEAM BUILDING



TEAMBUILDING

At **PRO**TRAINING, we believe that strong teams are the backbone of your success.

Our Team-building activities empower our clients to strengthen relationships, enhance collaboration, boost overall morale and performance, and increase job satisfaction, amongst many other benefits.

Areas We Impact :



"Thank you for a very professionally organised Team Building Event! Our event was driven by two very professional and enthusiastic trainers who were able to share their knowledge and reach our objectives at the end of the day."

Christine Leemans
Employee Development Officer

OUR SIGNATURE TEAMBUILDING OPTIONS



Promises, Promises!™

Experience the power of collaborative competition with Promises, Promises!™, an engaging activity that transforms perspectives and fosters teamwork. Set in a simulated “United League of Nations,” participants navigate the challenges of interdependent teams while shifting from a “me” to a “we” mentality. This dynamic programme highlights the value of trust, big-picture thinking, and aligning efforts to achieve mutual success, offering a vision of what a truly borderless, cooperative organisation can achieve.

Gold of the Desert Kings™

Step into a dynamic desert adventure where teamwork and strategy are the keys to success. Gold of the Desert Kings™ challenges teams to mine for gold while differentiating between mere activity and true productivity. Through resource planning, goal-focused action, and adapting to surprises, participants develop strategic thinking and maximise results. This high-energy experience fosters a “What’s Possible?” mindset and lasting habits of focused productivity, all within a fun and engaging environment.



OUR SIGNATURE TEAMBUILDING OPTIONS



Grimsby's Code

Immerse your team in the thrilling world of competitive fishing with Grimsby's Code, a high-energy activity that challenges participants to achieve ambitious goals while adhering to a code of collaborative behaviors. Teams must balance hitting targets, meeting tough deadlines, and adapting to unexpected challenges—all while working together to succeed. This engaging experience fosters teamwork, flexibility, and the ability to thrive under pressure, all while ensuring plenty of fun along the way!

Coral Banks™

Embark on a dynamic journey of teamwork and collaboration with Coral Banks™, one of our bestselling team building solutions. Designed by the award-winning Canadian firm Eagles Flight, this engaging experience empowers participants to achieve seemingly impossible objectives through effective collaboration and strategic execution. From sharing resources to maintaining quality standards, Coral Banks™ bridges the gap between intention and action, demonstrating the power of unity and aligned efforts. Perfect for fostering a culture of productivity and shared success, this programme leaves participants inspired to tackle challenges together with renewed confidence and purpose.



OUR SIGNATURE TEAMBUILDING OPTIONS



First Responder

First Responder is a high-energy simulation where teams tackle complex, evolving challenges under time pressure. Using smartphones to input decisions and monitor real-time results, participants navigate uncertainty, prioritise tasks, and collaborate effectively. This engaging activity promotes agile thinking, resilience, and teamwork, with a debrief to uncover key insights and learning.

Bespoke

Bespoke is team building with a purpose! In this hands-on challenge, teams of 6 to 8 work together to assemble real bicycles that meet strict safety and design criteria. With unexpected twists and a race against the clock, participants strengthen collaboration, problem-solving, and project management skills. The completed bikes are then donated to a local cause, making this experience as meaningful as it is engaging.



Scan the QR
code to discover
our full range
of existing
Team Building
solutions.



SOME OF THE BRANDS WHO TRUST US

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 النابودة Al Naboodah	 CHALHOUB GROUP SINCE 1955	 ماجد الفطيم MAJID AL FUTTAIM	 GALADARI BROTHERS	 الرستماني AL ROSTAMANI	 شركة ميزان القابضة MEZZAN HOLDING CO.
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 CMA CGM	 التميمي و شركاه AL TAMIMI & CO.	 MINISTRY OF PRESIDENTIAL AFFAIRS H.H. the President Initiative Saudi Health Council Hospital / Saudi Health Council	 الأكاديمية السلطانية للإدارة ROYAL ACADEMY OF MANAGEMENT	 دبي المعرفة Knowledge	 SORBONNE UNIVERSITÉ
 SEHA Abu Dhabi Health Services Company A PURHEALTH ASSET	 الدوائية SPIMACO	 كليفلاند كلينك أبوظبي Cleveland Clinic Abu Dhabi A Mubadala Health Partner	 رافد Rafed A PURHEALTH ASSET	 tabuk pharmaceuticals	 إمستيل EMSTEEL

WHY CHOOSE US?



CUSTOM SOLUTIONS

We customise your professional development programmes to fit your organisation's unique needs.



EXPERT TRAINERS

Our consultants are leaders in their fields, bringing real-world experiences, industry insights and strategies to the table.

PROVEN IMPACT

From leadership growth to measurable improvements in business performance, our approach delivers results.



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